

INTERNATIONAL
KNEE DAYS
BERLIN — 2024



International Knee Days

PROGRAM OVERVIEW

2024, SEPTEMBER 25 – 28

BERLIN | GERMANY

WWW.KNEE-DAY.COM

General Information

MEETING DATES

September
25 – 28, 2024

CONFERENCE CENTER

Cafe Moskau
Karl-Marx-Allee 34
10178 Berlin

Chairmen

Wolf Petersen
Sven Scheffler
Thomas Stoffels
Thore Zantop

Congress Organization

Congress Compact 2C GmbH
Joachimsthaler Strasse 31-32
10719 Berlin | Germany

Phone +49 30 88727370
Fax +49 30 887273710

E-Mail info@congress-compact.de

Website

www.knee-day.com



Participation Fees

Registration Fees - September 26-27, 2024	550 €
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Registration Fees - Daily Ticket - September 26, 2024	275 €
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Registration Fees - Daily Ticket - September 27, 2024	275 €
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Invitation

We invite you to participate in the International Knee Days. After three successful online events, we will start 2024 with the first on-site congress at the historic venue Café Moskau in the heart of Berlin!

With the support of our partner societies and our sponsors, we are pleased to be able to offer you an exceptional scientific program, with two preliminary courses and an expert cadaver course.

We enable scientific exchange with experts from all over the world on the topics of ligament reconstruction, meniscus preservation and cartilage regeneration, paired with live video demonstrations from the lab.

We're excited to hear your opinions and engage in discussions with you. We look forward to welcoming you to Berlin.

Best regards

**Wolf Petersen, Sven Scheffler, Thomas Stoffels and
Thore Zantop**

Calendar Overview

Wednesday September 25, 2024		Thursday, September 26, 2024		Friday, September 27, 2024		Saturday, September 28, 2024	
08:00		Instructional Course 1: Orthobiologics <i>Room: Riga</i>	Instructional Course 2: New Concepts for Patella Fracture <i>Room: Tallin</i>	Instructional Course 3: ACL Injury in Children <i>Room: Moskau</i>	Instructional Course 4: Unicompartmental Knee Arthroplasty - Indication - Planning - Surgical Technique <i>Room: Riga</i>	Instructional Course 5: Tibial Plateau Fractures <i>Room: Tallin</i>	
09:00		OPENING CEREMONY <i>Room: Moskau</i>				Cadaver course Charité Berlin at „Berliner Simulations- & Trainingszentrum (BeST) „	
		HOT NEWS IN KNEE ANATOMY <i>Room: Moskau</i>		Meniscus - From Anatomy and Repair <i>Room: Moskau</i>			
10:00		ACL - FROM INDICATION TO GRAFT SELECTION <i>Room: Moskau</i>					
		COFFEE BREAK AND EXHIBITION					
11:00		ACL - FROM REPAIR TO RECONSTRUCTION <i>Room: Moskau</i>		MENISCUS <i>Room: Moskau</i>			
12:00		LUNCH BREAK AND EXHIBITION					
13:00		LUNCH WORKSHOPS / LUNCH SYMPOSIA / ABSTRACT SESSION					
14:00	BASIC OSTEOTOMY COURSE <i>Room: Bischkek</i>	ACL - FROM PERIPHERAL INSTABILITY TO HIGH LEVEL ATHLETE <i>Room: Moskau</i>					ACL REVISION AND COMPLEX INSTABILITY <i>Room: Moskau</i>
15:00		COFFEE BREAK AND EXHIBITION					
16:00		CARTILAGE <i>Room: Moskau</i>		PATELLA <i>Room: Moskau</i>			
17:00		BASIC ARTHROSCOPY COURSE - VIRTUAL SIMULATION TRAINING <i>Room: Asgabat</i>					
18:00				BREAK AND EXHIBITION			
		HIGHLIGHT LECTURE <i>Room: Moskau</i>		AWARD SESSION - BEST PAPER! <i>Room: Moskau</i>			
				FAREWELL <i>Room: Moskau</i>			
19:00		EVENING EVENT					
20:00							

Schedule:

Pre Course

Main program

Industrial Courses

Lunch-Workshops/Abstracts

Schedule:

- Pre Course
- Main program
- Industrial Courses
- Lunch-Workshops/Abstracts

Wednesday September 25, 2024

14:00 BASIC OSTEOTOMY COURSE

Petersen, Wolf | Scheffler, Sven

Room: Bischkek

- 10' Welcome
Petersen, Wolf
- 20' Indications
- 90' Preop. Planning
- 30' BREAK AND EXHIBITION
- 10' Re Live HTO
- 60' Workshop HTO
- 20' BREAK AND EXHIBITION
- 10' Re Live DFO
- 40' Workshop DFO
- 10' Postoperative Rehabilitation

20:00 END OF COURSE

LOCATION

Cafe Moskau
Karl-Marx-Alle 34
10178 Berlin

Wednesday September 25, 2024

14:00 BASIC ARTHROSCOPY COURSE

*Diermeier, Theresa | Kolb, Jan Philipp
Stoffels, Thomas | Zantop, Thore*

Room: Asgabat

- 10' Welcome
Stoffels, Thomas
- 15' Basics
Zantop, Thore
- 50' Diagnostic Arthroscopy, Portals
- 30' Break
- 30' Triangulation and Free Bodies
Stoffels, Thomas
- 30' Break
- 30' Meniscus: Partial Resection
Kolb, Jan Philipp
- 30' Meniscus Repair
Diermeier, Theresa
- 60' ACL Reconstruction
Zantop, Thore
- 15' Postoperative Rehabilitation
Stoffels, Thomas

18:50 END OF COURSE

LOCATION

Cafe Moskau
Karl-Marx-Alle 34
10178 Berlin

08:00 **Instructional Course 1: Orthobiologics** Room: Riga

Petersen, Wolf

10' **Basic Science about PRP**

Petersen, Wolf

10' **Role of PRP in treating different knee conditions**

Loiy Al Katib

10' **Video Demo PRP for Knee OA**

Petersen, Wolf

10'+5' **Scientific Data**

Petersen, Wolf

08:00 **Instructional Course 2: New Concepts for Patella Fracture**

Braun, Karl Friedrich | Diermeier, Theresa

20'+5' **Classification and Diagnostics**

Diermeier, Theresa

20' **Surgical Techniques**

Braun, Karl Friedrich

08:00 **Instructional Course 3: ACL Injury in Children**

Faunø, Peter | Janssen, Rob

20'+5' **Basics about ACL Injury in Children**

Janssen, Rob

20' **Surgical Techniques**

Faunø, Peter

Room: Tallin

Room: Moskau

08:50 **OPENING CEREMONY**

Room: Moskau

Petersen, Wolf | Scheffler, Sven | Stoffels, Thomas | Zantop, Thore

10' **Welcome adress and introduction**

Zantop, Thore

09:00 **HOT NEWS IN KNEE ANATOMY**

Room: Moskau

10'+5' **Hot News in Knee Anatomy**

Smigielski, Robert

09:15 **ACL - FROM INDICATION TO GRAFT SELECTION**

Room: Moskau

Hoogeslag, Roy

10'+5' **Indication for ACL Reconstruction**

Petersen, Wolf

10'+5' **The Concept of Anatomic ACL Reconstruction Revisited**

Musahl, Volker

10'+5' **Patient Adapted Graft Choice in ACL Reconstruction**

Egloff, Christian

10'+5' **Live Surgery from Mobile Lab: Quad Tendon Harvest**

Seil, Romain

15' **Interactive Case Presentation**

Zantop, Thore

10:30 **COFFEE BREAK AND EXHIBITION**

11:00 **ACL - FROM REPAIR TO RECONSTRUCTION**

Room: Moskau

Williams, Andy

10'+5' **Remnant Preserving ACL Reconstruction - Scientific Rationale and Video Technique**

Cavaignac, Etienne

10'+5' **ACL Repair - Video and Scientific Rationale**

Hoogeslag, Roy

10'+5' **Rotational Instability**

Cavaignac, Etienne

30' Live Surgery from Mobile Lab: ACL Reconstruction plus ALL
Sonnery-Cottet, Bertrand

15' Interactive Case Presentation
Petersen, Wolf

12:30 LUNCH BREAK AND EXHIBITION

13:00 LUNCH WORKSHOPS /
LUNCH SYMPOSIA /
ABSTRACT SESSION

14:30 ACL - FROM PERIPHERAL
INSTABILITY TO HIGH LEVEL ATHLETE
Petersen, Wolf Room: Moskau

10'+5' Anteromedial Structures
Kittl, Christoph

10'+5' Video: Anteromedial Reconstruction
Fink, Christian

10'+5' Anterolateral Tenodsis - My Rationale
Williams, Andy

10'+5' Video Demo: Anteromedial Reconstruction
Canuto, Sergio

30' Interactive Case Discussion: ACL Reconstruction in the
Professional Athlete

16:00 COFFEE BREAK AND EXHIBITION

16:30 CARTILAGE
Musahl, Volker Room: Moskau

10'+5' Treatment Algorithm for Focal Cartilage Lesions at the Knee
Joint
Niemeyer, Philipp

10'+5' Video Technique One Stage Cartilage Repair: AMIC
Gille, Justus

15'+5' Live Surgery from Mobile Lab: Minced Cartilage Procedure
(Autocart)
Salzmann, Gian

10'+5' Unicompartmental Cartilage Damage and Osseous Deformity:
How Important is the Cartilage Procedure?
Brouwer, Reinoud

10'+5' Role of PRP for the Treament of Cartilage Damage
Grassi, Alberto

15' Interactive Case Discussion
Musahl, Volker

18:05 HIGHLIGHT LECTURE
Room: Moskau

30' AI and the Future of Healthcare for Tomorrow
Scholze, Kerstin

19:00 EVENING EVENT

08:00 Instructional Course 4: *Room: Riga*
Unicompartmental Knee Arthroplasty -
Indication - Planning - Surgical Technique

Petersen, Wolf

10'+5' **Indication**
Petersen, Wolf

10'+5' **Surgical Technique**
Petersen, Wolf

10'+5' **Evidence**
Petersen, Wolf

08:00 Instructional Course 5: Tibial Plateau *Room: Tallin*
Fractures

Braun, Karl Friedrich | Frosch, Karl-Heinz

20'+5' **Diagnostics, Classification, Indication**
Braun, Karl Friedrich

20' **Surgical Techniques**
Frosch, Karl-Heinz

09:00 Meniscus - From Anatomy and Repair *Room: Moskau*

Zantop, Thore

10'+5' **Breaking News: Meniscus Anatomy**
Smigielski, Robert

10'+5' **Pitfalls in Meniscus Repair!**
Bozkurt, Murat

15' **Live Surgery from Mobile Lab: All Inside, Inside Out or Outside**
in Strategies
Seil, Romain

10'+5' **Video Demo: Management of Challenging Meniscus Tears**
Musahl, Volker

15' **Live Surgery from Mobile Lab: Ramp Repair**
Seil, Romain

15' **Interactive Case Presentation**
N.N.

10:30 COFFEE BREAK AND EXHIBITION

11:00 MENISCUS *Room: Moskau*

Ollivier, Matthieu

10'+5' **Discoid and Hypermobility Meniscus**
N.N.

10'+5' **Operative Management of Cleavage Tears?**
Grassi, Alberto

15' **Live Surgery from Mobile Lab: Transosseous Medial Root Repair**
Tischer, Thomas

10'+5' **Complex Meniscus Tears: Wrapping and Bone Marrow Blood**
Injection
Piontek, Tomasz

10'+5' **Meniscus Allograft**
Grassi, Alberto

15' **Interactive Case Presentation**
Ollivier, Matthieu

12:30 LUNCH BREAK AND EXHIBITION

13:00 LUNCH WORKSHOPS /
LUNCH SYMPOSIA

more information will follow soon

14:30 ACL REVISION AND COMPLEX *Room: Moskau*
INSTABILITY

Janssen, Rob

10'+5' **Failure Analysis after ACL Reconstruction**
Faunø, Peter

10'+5' **Video Technique: Tunnel Bone Grafting**
Zantop, Thore

10'+5' **Video Technique: Slope Correction**
Ollivier, Matthieu

10'+5' **PCL Reconstruction: My Life Time Experience**
Strobel, Michael

30' **Interactive Case Presentation**
Janssen, Rob

16:00 COFFEE BREAK AND EXHIBITION

16:30 **PATELLA**

Piontek, Tomasz

Room: Moskau

10'+5' **Algorithm for Patella Instability**

Frosch, Karl-Heinz

10'+5' **Proximal vs. Distal Alignment?**

Bozkurt, Murat

10'+5' **Video Demo: MPFL Reconstruction with a Pediculated Quadriceps Graft**

Petersen, Wolf

10'+5' **Video Demo: Trochleoplasty**

Blond, Lars

10'+5' **Role of Torsional Osteotomies for Patellar Instability**

Dickschas, Jörg

15' **Interactive Case Presentation**

Blond, Lars

18:00 **BREAK AND EXHIBITION**

18:15 **AWARD SESSION - BEST PAPER!**

Room: Moskau

18:45 **FAREWELL**

Room: Moskau

Petersen, Wolf | Scheffler, Sven | Stoffels, Thomas | Zantop, Thore

08:00 **CADAVER COURSE**

ACL reconstruction

PCL reconstruction

Lateral peripheral instability

Medial peripheral instability

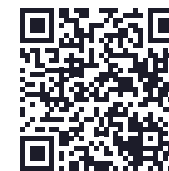
Meniscus repair

Trochleoplasty

Cartilage repair

FOLLOW US ON

INSTAGRAM



Faculty

 **Loiy Alkhatib**
Dr.Suleiman AlHabib Hospital
Dubai, UAE

 **Lars Blond**
Aleris Private Hospital
Copenhagen,
Denmark

 **Murat Bozkurt**
Acibadem Ankara Hospital,
Turkey

 **Karl Friedrich Braun**
Martin Luther Krankenhaus Berlin,
Germany

 **Reinoud Brouwer**
Martini Ziekenhuis Groningen,
Netherlands

 **Sergio Canuto**
Dr. Sergio Canuto, Ortopedista Maceio,
Brazil

 **Etienne Cavaignac**
CHU Toulouse,
France

 **Jörg Dickschas**
Klinikum Bamberg, Klinik für
Orthopädie und Unfallchirurgie,
Germany

 **Theresa Diermeier**
Unfallkrankenhaus Berlin,
Germany

 **Christian Egloff**
Schulthessklinik Basel,
Switzerland

 **Peter Faunø**
Aarhus University Hospital,
Denmark

 **Christian Fink**
Gelenkpunkt - Sport- und
Gelenkchirurgie Innsbruck,
Austria

 **Karl-Heinz Frosch**
UKE Hamburg,
Germany

 **Justus Gille**
UKE Hamburg
Elmshorn,
Germany

 **Alberto Grassi**
Istituto Ortopedico Rizzoli Bologna,
Italy

 **Roy Hoogeslag**
Centre for Orthopedic Surgery and
Sports Medicine OCON Hengelo,
Netherlands

 **Rob Janssen**
Máxima Medical Center Eindhoven,
Netherlands

 **Christoph Kittl**
UKM Münster,
Germany

 **Jan Phillipp Kolb**
Praxis OC-Stadtmitte Berlin,
Germany

 **Volker Musahl**
University of Pittsburgh,
USA

 **Philipp Niemeyer**
Orthopädische Chirurgie München,
Germany

 **Matthieu Ollivier**
Pr Matthieu Ollivier - Chirurgien du
genou Marseille, France

 **Wolf Petersen**
Martin-Luther-Krankenhaus Berlin,
Germany

 **Tomasz Piontek**
Rehasport Clinic Poznań,
Poland

Faculty

 **Gian Salzmänn**
Schulthessklinik & GZ Rhein-Main
Zurich,
Switzerland

 **Sven Scheffler**
sporthopaedicum Berlin,
Germany

 **Kerstin Scholze**
Scholze Consulting Munich,
Germany

 **Romain Seil**
Centre Hospitalier Luxembourg,
Luxembourg

 **Robert Smigielski**
LIFE Medical Center Warsaw,
Poland

 **Bertrand Sonnerly-Cottet**
Centre Orthopedique Santy Lyon,
France

 **Thomas Stoffels**
OC Stadtmitte Berlin,
Germany

 **Thomas Tischer**
Malteser Waldkrankenhaus Erlangen,
Germany

 **Andy Williams**
Fortius Clinic London,
UK

 **Thore Zantop**
sporthopaedicum Staßfurt,
Germany

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Arthroskopie und Gelenkchirurgie



Arthroschool



Deutsche Kniegesellschaft

All participants who take part in the Basic Osteotomy Course on Wednesday plus the two theory days (Thursday, Friday) will receive Module 2.

All participants who take part in the Basic Arthroscopy Course on Wednesday plus the two theory days (Thursday, Friday) will receive Module 1.



ESSKA



FORTE



GOTS



IOSSMA
Indonesian Orthopedic Society for Sport Medicine and Arthroscopy



LASTA



PTArthro
Polish Arthroscopy Society



SKPS
Singapore Knee Preservation Society



SLARD
Sociedad Latinoamericana De ArtroscoPía,
Reconstruccion Articular Y Trauma Deportivo



TUSYAD

13:00 LUNCHWORKSHOP: ARTHREX

Room Moskau



The treatment of knee joint instability

Monitor: Etienne Cavaignac, CHU Toulouse - France

Join the faculty of world-renowned experts as they share the latest advancements in treating knee joint instability. Explore effective physical therapy options, the current state of orthobiologics and cutting edge surgical techniques. Join this highly interactive session to pose your most pressing questions to the experts and receive immediate answers.

13:00



WORKSHOP: COMBINE AND ENRICH TRANSPLANTS, TARGETED APPLICATION OF ALLOGRAFTS

Room Chisinau

13:00 LUNCHWORKSHOP: ARTHREX

Room Moskau



The treatment of multiligament injuries in the knee

N.N.

Join the faculty of world-renowned experts as they share the latest advancements in treating multiligament injuries in the knee. Explore effective physical therapy options, the current state of orthobiologics and cutting edge surgical techniques. Join this highly interactive session to pose your most pressing questions to the experts and receive immediate answers.

13:00



WORKSHOP: EVIDENCE AND INNOVATION: REGENERATIVE SOLUTIONS FOR CARTILAGE AND MENISCUS

Room Riga

AMIC - One step cartilage treatment: From Evidence to surgical recommendations

PD Dr. Med Melina Pachowski, MHBA – Erlangen - Germany

AMMR - Meniscus Wrapping: From Idea to Long-Term Results

Prof. Tomasz Piontek, MD - Poznan, Poland

13:00



WORKSHOP: SMITH & NEPHEW

Room Tallin

ACL graft choice, alternative technologies and techniques Case Presentations and Live surgery from Academy Munich

Speakers: Sven Scheffler, Romain Seil

Live surgery operators: Alexander Rauch, Steffen Thier

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ACL graft choice, alternative technologies and techniques

Case presentations and live surgery
from Academy Munich

Speakers

Sven Scheffler, Theresa Diermeier

Live surgery operators

Alexander Rauch, Steffen Thier

Friday, 27 September
13:00 – 14:00
Room Tallin



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1 Niemeyer et al. 2022: Recommendation of the Working Group
Tissue Regeneration of the German Orthopedic and
Trauma Society (DGOU) for Treatment of Focal Cartilage
Defects of the Knee Joint



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to welcoming
you to Berlin.